



# Lunch Only Menu

Starting February 1, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Chicken Noodle Soup with Mixed Veggies Bread with Butter Milk	Shepherd's Pie Watermelon Milk	Cheese/ Pepperoni Pizza Fresh Fruits/Veggies Milk	Spaghetti with Meat Sauce Apples Milk	Meatballs Steamed Rice Peas Milk
WEEK 2	Roasted Chicken Steamed Rice Carrots Milk	Vegetable and Pork Dumpling Soup Garlic Toast Milk	Beef Rice Casserole Peaches Milk	Ham/Chicken and Cheese Sandwiches Cucumbers Milk	Cheesy Chicken Rotini with Carrots and Corn Milk
WEEK 3	Macaroni and Cheese Cucumber Slices Milk	Beef Stew Steamed Rice Peas Milk	Chicken Corn Egg Drop Soup Bread with Butter Oranges Milk	Fish sticks Mashed potato Pepper Sticks Milk	Chicken/Beef Hot Dogs Fresh fruits/ Veggies Milk
WEEK 4	Teriyaki Chicken Stir-fry Noodles Cucumbers Milk	Goulash Apples Milk	Chicken Nuggets Mashed Potato Broccoli and Cauliflower Milk	Minestrone Soup Cheese Toast Milk	Chicken/Pork adobo Rice Watermelon Milk
WEEK 5	Tilapia fillet Mashed potato Pepper Sticks Milk	Chicken/Beef Hot dogs Fresh fruits/ Veggies Milk	Beef and Cheese Tortellini with Broccoli Milk	Roasted Chicken Steamed Rice Carrots Milk	Vegetable and Pork Dumpling Soup Bread with Butter Milk

Months that have 5 weeks follow the 5 week-rotation above. Otherwise, week 1 restarts with the start of the other 4-week months. ----- Infants will be offered the same as older children when developmentally appropriate. ----- For children who have food sensitivities/allergies/restrictions, their food comes from home. The program will offer fruits and vegetables. ----- Fruits and vegetables listed above may be replaced or supplemented with fresh fruits and vegetables depending on seasonal availability.